

EASTERN SWIM CLASSIC CHAMPIONSHIPS
January 17-19, 2009

SANCTION: Held under the sanction of USA Swimming. Sanction #**GA09-01**

HOST: Dynamo Swim Club

POOL: Dynamo Community Swim Center
3119 Shallowford Road
Atlanta, GA 30341
(770) 457-7946, ext. 10

FACILITY: This three-pool, indoor complex features a 25 yard by 25 meter competition pool, with ten 8-foot wide lanes. This pool is 6-1/2 to 7 feet deep and has an 18-inch deep overflow gutter system. There are also an additional twenty-one lanes of indoor 25 yard water for warm-up and warm-down. There are over 30 lanes of 25 yard warm-up lanes. A Colorado Timing System with a 10-lane scoreboard will be used. Bleacher seating is provided.

MEET DIRECTOR: Beth Winkowski

MEET REFEREE: Ed Saltzman

SAFETY MARSHALL: Mike Cotter.

ELIGIBILITY: Entries are limited to USA registered members of the following USA Swimming teams. Each team will be limited to 50 scoring swimmers on an A team and 50 for a B team.

Invited clubs: TBD

Teams should be prepared to submit proof of current U.S.A. Swimming Membership for each swimmer entered, if requested by the sponsoring team. No unregistered swimmers will be permitted to compete in the meet. Dynamo will not accept registration applications at the meet. All teams must sign the waiver on the Summary Sheet stating that all swimmers and coaches participating in this meet are currently registered with U.S.A. Swimming.

TIME STANDARDS: There are no standards governing participation in this meet. Each team may select their 50 swimmers however they choose. It is expected that the quality of competition will be very high and that most swimmers will be "AA" level or above and "A" for 10 & Unders.

RULES: The current U.S.A. Swimming Rules will govern the conduct of this meet unless otherwise stated herein. Swimmers will be responsible for swimming in their assigned heats and lanes. Coaches will be required to display their current USA Swimming Coaches registration card at all times while on deck or in Hospitality.

SCRATCH RULE: The current Georgia Swimming Scratch Rule will be in effect (see attached).

WARM-UP:

The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool, and each team will be required to furnish one U.S.A. Swimming Certified coach to monitor their team's warm-up period. The monitor is to insure all warm-up procedures are adhered to by all his/her team members.

During the competition, both the small (5 lane) pool and the DynaDome 16 lanes will be available for continuous warm-up and warm-down only. Each coach will be responsible for monitoring their swimmer's activities while using the warm-up/warm-down pools. The number of lanes available may be reduced if we decide to run multiple courses for certain events.

FORMAT:

All 10 -Under events are Timed Finals.

All 11-12, 13-14 and Senior individual events on Saturday and Sunday will be conducted on a Preliminary and Final basis with the exception of the 11-12 500 Free, and all Relays. ***All Monday events will be swum as Timed Finals, for all ages, to allow teams to get an early departure for the trip home.***

Saturday and Sunday Finals - The top ten swimmers from the preliminaries will swim in the Finals at night in the 11-12 and 13-14 age groups; with the exception of the events listed above as Timed Finals events.

Consolation and Championship Finals will be held for the **Senior events only**.

The Championship heat will be swum first.

Dynamo reserves the right to use "dive over" starts if the time line warrants or use the additional eight lane facility for the distance events and warm-ups.

400 IM / 500 Free:

The 13-14 and Senior 400 IM and 500 Free will be prelim/final events with the fastest 10 swimmers returning to swim at finals. These events will swim in the prelims fastest to slowest in event order.

All 11-12 500 Free heats will swim in the morning with heats going fastest to slowest in event order. ** Since the 11-12 500 Free is a timed final event, there will be a 10-minute break between the Senior Boys 100 Backstroke and the 13-14 Girls 500 Free at Finals.

- The 11-12 500 Free will be limited to the fastest 40 seeded times in boys and girls events (4 heats each).
- The 13-14 and Senior 400 IM / 500 Free will be limited to the fastest 50 seeded times in both women's and men's events (5 heats each).

1000 FREE:

The 1000 Free will be a timed final event with all heats swum at the end of the 13 & Over session; swimming slowest to fastest in event order.

- The 1000 Free will be limited to the fastest 50 seeded times of each gender (5 heats each). We will secure 20 spots for the 14 & Unders and 30 spots for the 15 & Overs. If there are less than 20 swimmers for the 14 & Unders, the remainder of the slots will go to the 15 & Overs. The 13-14 and Seniors will swim together but be scored and awarded separately.

RELAYS:

All 13-14 and Senior Relay events will be swum as timed finals in the Finals session.

All 11-12 and 10 & Under relays will swim at the conclusion of the 12 & Under session on Saturday and Sunday afternoon.

SEEDING:

All events 400 yards and longer will be deck seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Swimmers who fail to check-in will be able to swim, only if open lanes are available.

CHECK-IN: In order to be seeded into the **deck-seeded events, swimmers and relay teams must check in with the Clerk of Course according to the following schedule:**

Saturday: Events 29 - 32 (400 I.M.) 8:30 - 9:30 AM
Events 37 - 40 (400 Free Relays) 11:00AM - 12:00 PM
Events 33 - 36 (200 Free Relays) 1:00 - 2:30PM

Sunday: Events 71 - 74 (500 Free) 8:30 - 9:30 AM
Events 79 - 82 (400 Medley Relay) 11:00AM - 12:00 PM
Events 69 - 70 (500 Free) 1:00 - 2:30 PM
Events 75 - 78 (200 Medley Relay) 1:00 - 2:30 PM

Events 95 - 96 (1000 Free) 11:00AM - 12:00 PM***

***Be sure to check in your swimmers on Sunday by this deadline so we can appropriately determine the timeline for Monday.

ENTRY LIMIT: **Individual** – All swimmers are limited to nine individual events for the meet and no more than three individual events per day.

Relay – Each club may enter up to two teams per relay event.

ENTRY FORMS: Please submit initial entries via email (see below). Entry must include the USA Swimming Club Code and each swimmer's USA Swimming registration number, first and last name, age, and seed time for each event entered. Each team must complete the Meet Entry Summary Sheet. A printed copy of all entries, fees and a completed and signed liability release form must be received via U.S. Mail by the entry deadline. Meet set-up is available for all "Hytek Team Managers for Windows" users at the Dynamo Swim Club Web Page:

<http://dynamoswimclub.com>

Email entries may be made, provided the hard copy, fees, and liability release form are received by the entry deadline. Email entries must be accompanied by a word file of the entries so we can verify proper import of your swimmers. Email entries may be sent to:

es7204@att.com

ENTRY DEADLINE: All entries must be received on or before Wednesday, January 7th, 2009. Please mail entries to:

Eastern Swim Classic
Dynamo Swim Club
3119 Shallowford Road
Atlanta, GA 30341

CONFIRMATION: If you do not receive confirmation of Dynamo receiving your entries by Friday, January 9th, please call (770)-457-7946, ext. 10.

ENTRY FEES: Four dollars (\$4.00) per individual event. Six dollars (\$6.00) for relay events. Late entries will be eight dollars (\$8.00) for individual events and twelve dollars (\$12.00) for relay events. Georgia Swimming, Inc., also requires a \$2.00 surcharge per swimmer for all out-of Georgia LSC swimmers.

Make checks payable to: **DYNAMO PARENTS' CLUB**. Entries will not be accepted unless accompanied by the correct fees.

LATE ENTRIES: Will be accepted in pre-seeded events only if empty lanes are still available. In all events, they will be entered as NT (no time). No additional heats will be created for these late entries.

NOTE: Late entries will be accepted up to 30 minutes before the announced starting time for the preliminary or timed final session of the event entered.

Make checks payable to : **DYNAMO PARENT'S CLUB, INC.** Entries will not be accepted unless accompanied by fees.

TEAM AWARDS: The top three (3) teams will receive distinctive team awards.

INDIVIDUAL & RELAY AWARDS: Medals are to be awarded to first through third place and ribbons are to be awarded to fourth through tenth place in all individual events. Medals for the 1st place and ribbons for 2nd & 3rd place will be awarded in all relay events. All awards should be picked up prior to leaving the meet.

SCORING: Individual Events 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

LIABILITY RELEASE: In granting this Sanction it is understood and agreed that, USA Swimming, Inc., Georgia Swimming, Inc., and the Dynamo Swim Club shall be free and held harmless from any liabilities or claims for damages arising by reason or injury to anyone during the conduct of the event. Acceptance of this policy is evidenced by entry into this meet.

FIRE CODE REGULATIONS: Due to the Fire Code Regulations, there will be no chairs on the pool deck except for timers and officials.

MANDATORY COACHES MEETING: Coaches will be required to sign in and show their current U.S.A. Swimming Coaches Registration Card. Coaches must wear their current Registration Card at all times while at the meet. **Any Coaches not having a current certification will be barred from the pool deck.** Coaches are reminded to closely supervise their swimmers at all times. At least one coach from each team must attend a Coaches Meeting at **8:15AM on Saturday, January 17th**, in the Hospitality Room.

VISITING OFFICIALS: The Dynamo Swim Club welcomes and encourages the assistance of certified officials from visiting teams. To volunteer, please contact the Meet Referee one hour before each session. Officials should be prepared to present their Georgia Swimming/U.S.A. Swimming Officials card upon check-in and wear that card, at all times, when on the deck or in Hospitality. Standard dress for officials is blue pants, shorts or skirt; white polo shirt; white shoes and socks. Designated personnel for Finals (Meet Referee, Deck Referees, Starters, and Chief Judges shall wear Navy Blue collared shirts, white pants (no shorts) or skirts, white shoes and socks.

Officials wishing to work the meet can contact the Meet Referee

Edward Saltzman: es7204@att.com

CONCESSIONS: Concessions will be available. A Hospitality area will be provided for all officials and coaches.

PARKING: The Dynamo Swim Club has limited parking. Please adhere to the parking directions on the property.

FOR MORE INFORMATION: Jason Turcotte, (770)-457-7946, ext. 12.
Beth Winkowski (770)-457-7946, ext. 16.

Sponsor Hotels

Please make sure when making your reservation that you mention **Dynamo Swim Club** and use a Code Number if one is listed to get our special rate!!

Hilton Atlanta Northeast

**5993 Peachtree Industrial
Boulevard**

Norcross, Ga. 30092

(770)447-4747

\$69.00 Single Rate (1 King)

\$69.00 Double Rate (2 Double Beds)

+13% tax

full service hotel

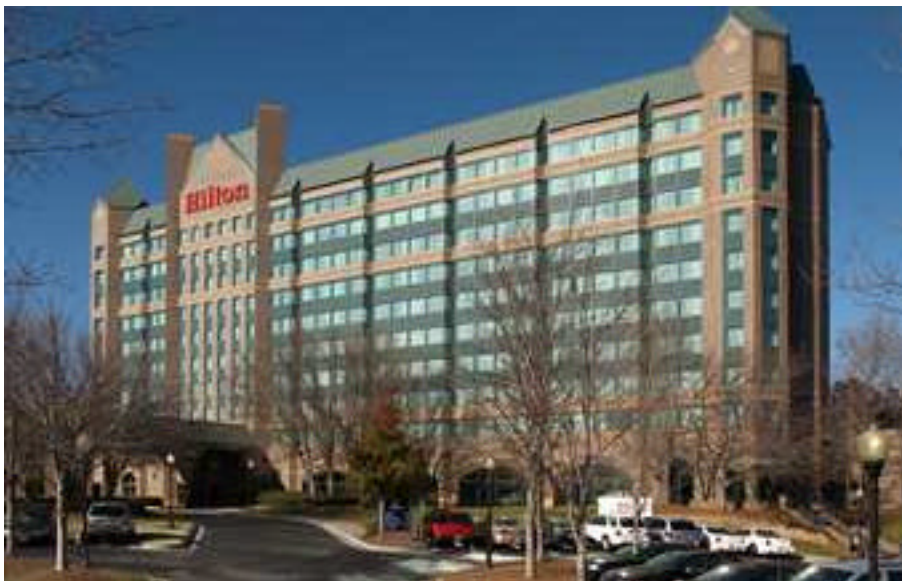
about 8 miles from Dynamo

For reservations contact:

Kerstin Sommer-Raza, Sales Manager

(678)533-3327

www.atlantaneast.hilton.com



SCHEDULE:

Saturday:

13-14 and Senior Session

Warm-up: 7:00 AM

Prelims: 8:30 AM

Warm-up: 5:00 PM

Finals: 6:15 PM

11-12 and 10 & Under Session

Warm-up: 1:00 PM*

Start: 2:00 PM

Sunday:

13-14 and Senior Session

Warm-up: 7:00 AM

Prelims: 8:30 AM

Warm-up: 5:00 PM

Finals: 6:15 PM

11-12 and 10 & Under Session

Warm-up: 1:00 PM*

Timed Finals: 2:00 PM

Warm-up: 5:00 PM

11-12 Finals: 6:15 PM

Monday:

13-14 and Senior Session**

Warm-up: 7:30 AM

Timed Finals: 9:00 AM

11-12 and 10 & Under Session**

Warm-up: 7:30 AM

Timed Finals: 9:00 AM

***Warm up for this session will most likely start in the DynaDome and move to the competition pool depending on the timeline of the morning session. 12&Under swimmers will get a minimum of 30 minutes of warm-up in the competition course prior to the start of the afternoon session.**

****To expedite the departure of our out of town teams; both sessions will be run in the morning; in separate courses; to allow for an early finish to the days competition.**

EASTERN SWIM CLASSIC CHAMPIONSHIPS
SCHEDULE OF EVENTS
SATURDAY

Saturday Morning
 January 17, 2009

Warm-up: 7:00 AM
 Start: 8:30 AM

13-14 and Seniors Preliminaries

Women	Age Group	Events	Men
5	13-14	200y Freestyle	6
7	Senior	200y Freestyle	8
13	13-14	100y Breaststroke	14
15	Senior	100y Breaststroke	16
21	13-14	100y Butterfly	22
23	Senior	100y Butterfly	24
29	13-14	400y Ind Medley*	30
31	Senior	400y Ind Medley*	32
37	13-14	400y Free Relay**	38
39	Senior	400y Free Relay**	40

Saturday Afternoon
 January 17, 2009

Warm-up: 1:00 PM
 Start: 2:00 PM

10 & under Timed Finals / 11-12 Prelims

Women	Age Group	Events	Men
1	10 & Under	200y Freestyle	2
3	11 – 12	200y Freestyle	4
9	10 & Under	50y Backstroke	10
11	11 – 12	50y Backstroke	12
17	10 & Under	50y Butterfly	18
19	11 – 12	50y Butterfly	20
25	10 & Under	100y Ind Medley	26
27	11 – 12	100y Ind Medley	28
33	10 & Under	200y Free Relay**	34
35	11 – 12	200y Free Relay**	36

- (1) Finals: Finals for all 11-12, 13-14 and Senior events begin at 6:15PM and will swim in numerical order.
- (2) *400 IM: The 400 IM is a prelim/final event with the fastest heat returning to swim in finals. These events will swim in the prelims fastest to slowest in event order.
- (3) **Relays: All relays will be swum as timed final events and all age groups except 11-12 and 10 & Under will be swum at the end of the finals session.

EASTERN SWIM CLASSIC CHAMPIONSHIPS
SCHEDULE OF EVENTS
SUNDAY

Sunday Morning
 January 18, 2009

Warm-up: 7:00 AM
 Start: 8:30 AM

13-14 and Seniors Prelims

<u>Women</u>	<u>Age Group</u>	<u>Events</u>	<u>Men</u>
41	13-14	200y Butterfly	42
43	Senior	200y Butterfly	44
49	13-14	50y Freestyle	50
51	Senior	50y Freestyle	52
57	13-14	200y Breaststroke	58
59	Senior	200y Breaststroke	60
65	13-14	100y Backstroke	66
67	Senior	100y Backstroke	68
71	13-14	500y Freestyle*	72
73	Senior	500y Freestyle*	74
79	13-14	400y Medley Relay**	80
81	Senior	400y Medley Relay**	82

Sunday Afternoon
 January 18, 2009

Warm-up: 1:00 PM
 Start: 2:00 PM

10-Under Timed Finals and 11-12 Prelims

<u>Women</u>	<u>Age Group</u>	<u>Events</u>	<u>Men</u>
45	11 – 12	100y Butterfly	46
47	10 & Under	100y Butterfly	48
53	11 – 12	50y Freestyle	54
55	10 & Under	50y Freestyle	56
61	11 – 12	100y Breaststroke	62
63	10 & Under	100y Breaststroke	64
69	11 – 12	500y Freestyle*	70
75	10 & Under	200y Medley Relay**	76
77	11 – 12	200y Medley Relay**	78

(1) Finals: Finals for all 11-12, 13-14 and Senior events begin at 6:15PM and will swim in numerical order.

(2) *500y Free: The 13-14 and Senior 500y Free are prelim/final events with the fastest heat returning to swim in finals. These events will swim in the prelims fastest to slowest in event order. All 11-12 500y Free heats will swim in the morning with heats going fastest to slowest in event order.

(3) **Relays: All relays will be swum as timed final events and all age groups except 11-12 and 10 & Under will be swum at the end of the finals session.

EASTERN SWIM CLASSIC CHAMPIONSHIPS
SCHEDULE OF EVENTS
MONDAY

Monday Morning
 January 19, 2009

Warm-up: 7:00 AM
 Start: 8:30 AM

13-14 and Senior Timed Finals

Women	Age Group	Events	Men
83	13-14	200y Individual Medley	84
85	Senior	200y Individual Medley	86
87	13-14	100y Freestyle	88
89	Senior	100y Freestyle	90
91	13-14	200y Backstroke	92
93	Senior	200y Backstroke	94
95	13-14	1000y Freestyle**	96

All events on Monday are Timed Final Events.

** 1000 Free: There will be a 10 minute break before the 1000 Free. This is a timed final events with all heats being swum slowest to fastest in event order.

Monday Morning
 January 19, 2009

Warm-up: 7:00 AM
 Start: 8:30 AM

10-Under and 11-12 Timed Finals

Women	Age Group	Events	Men
97	10 & Under	100y Freestyle	98
99	11 - 12	100y Freestyle	100
101	10 & Under	100y Backstroke	102
103	11 - 12	100y Backstroke	104
105	10 & Under	50y Breaststroke	106
107	11 - 12	50y Breaststroke	108
109	10 & Under	200y Individual Medley	110
111	11 - 12	200y Individual Medley	112

All events on Monday are Timed Final Events

GEORGIA SWIMMING INC.
SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations. Certain LSC additions listed below apply to all timed final meets as well.

“D. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

LSC ADDITIONS:

1. ***Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final races will also be subject to the above rules concerning scratching from finals.***
2. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above.
This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events, unless otherwise stated in the Meet Information.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. ***Qualifiers for all finals heats*** and first and second alternates are ***those as*** identified on the original results of the preliminary heat.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. “Positive check-in” , (for deck seeding), designating a swimmer’s intent to swim a race, shall be denoted by the swimmer’s or coach’s initials next to the swimmer’s name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD
September 23, 2006