

WELCOME COACHES, OFFICIALS, AND ATHLETES
To the Zesiger Aquatic Center
2009 MIT Winter Heat Meet hosted by Bernal's Gator Swim Club

IMPORTANT NUMBERS:

Pool Phone Number (617) 324-2200
Zesiger Customer Service (617) 253-3690

POOL RULES:

Please help us maintain a high caliber event by following facility rules:

- No lawn/coaches/directors chairs, or helium balloons in the building.
- No glass on deck.
- Shoes must be worn beyond the aquatic center locker room and gallery.
- No food or coolers on deck. Drinks in plastic containers only.
- Athletes, Coaches, and Spectators are restricted to the aquatic center and main lobby.
- Please bring bags on deck and do not leave belonging in locker room.
- Clean up team area after each session.
- Deck changing is not allowed at any time!

ENTRANCE:

2nd floor via north gallery spiral staircase.

CREDENTIALS:

Athletes must positive check-in by 8:30 AM in the MIT ground floor lobby. They will be stamped for deck access as well as receive a goody bag at this time (8:30 AM). Each team must provide one person responsible to assist with athlete check-in 30 minutes prior to the warm-up session (8:30 AM) in the ground floor lobby. Team representatives will be responsible for lining athletes up in alphabetical order by last name. BGSC will need the names of these responsible adults by January 29, 2009. E-mail names of these people to Fran Tocci at: f.tocci@verizon.net . Swimmers and Coaches will be allowed to enter the pool area at 8:45AM. Spectators will not be allowed in the bleachers until 9am.

COACHES AND OFFICIALS:

Coaches and officials will use their US Swimming card as credentials to gain access to the pool. No coach or official will be allowed on the pool deck with our proper USA Swimming Credentials.

ONLINE POSTING:

The warm-up schedule, coach's packet and general meet details are posted at: <http://www.bernalsgator.com/gatormeets/0209.htm>. Please direct all of your swimmers and families to this site for all of the meet information.

OFFICIALS:

Anyone interested in officiating please contact the Officials Liaison, Marge Pierce at mpierce@aol.com.

PRE-MEET SCRATCHES:

If you have anyone that will not be attending the meet, please e-mail Joe Frazier at jfrazier@swimwearinginmotion.com with those scratches prior to 6:00 PM Friday, January 30, 2009.

SCRATCH PROCEDURES:

All swimmers must positive check-in by 8:30 AM in the MIT lobby. Coaches will be presented with scratch sheets on the pool deck, which must be returned by 9:20am.

HEAT SHEETS: Will be posted at both ends of the course and coaches will be supplied with seeded heat sheets as soon as they are available.

DISTANCE EVENTS:

There have been no cuts made in the distance events.

POOL/COURSE BREAKDOWN:

The meet will run in the Spectator pool. There will be 3 lanes made available in the Scoreboard pool for warm up and warm down during the meet. *All participating teams will be pre-assigned an area on the pool deck.*

COACHES HOSPITALITY:

There will be no food allowed on deck. BGSC will provide officials and coaches with a hospitality area on pool deck throughout the meet. Coaches are ultimately responsible for their swimmers seating area. Coaches will be held accountable for any trash around their seating area.

FACILITY DAMAGE:

Facility damage will be charged back to the responsible team.

ACCIDENT/ INCIDENTS:

MIT will need to fill out an accident report. Lifeguards will handle all in water emergencies as well as minor injuries. EMS will be called in the event of a serious injury. Emergency response time is approximately 5 minutes.

EMERGENCY EVACUATION:

An alarm will sound. Lifeguards and customer service staff will direct evacuation. Athletes will exit at deck level through locker room or south west corner near teaching pool. Spectators will exit gallery and proceed down closest stairwell. All athletes, coaches and spectators must exit the building. Meet will resume once facility is safe.

DIRECTIONS/PARKING:

- Directions can be found at <http://whereis.mit.edu/map-jpg?section=directions>

- MIT and the City of Cambridge are in the process of redesigning the look of Vassar St. During this time there will be **NO** on street parking on Vassar St. BGSC and MIT encourage swimmers to carpool when able to maximize space available. Please plan accordingly.

- Free event parking will be available at MIT West garage on Vassar Street across the street from the Zesiger Sports and Fitness Center. At this time the Parking Garage on Vassar Street is under construction please caution during your entrance and exit from the parking structure. A second Free parking garage has been added on Albany Street (3 blocks from pool). Please check the website for directions.

- Please follow any local or state traffic laws when parking on campus. Any vehicles that are not parked in a designated spot, fire lane or on the street will be ticketed or towed at the owner's expense. Any vehicles parked in the Kresge (the lot off of Amherst Street) will be towed.

HOSPITAL:

MIT EMS will transport injured persons to a local hospital. The number for MIT EMS is (617) 253-1311.

SPECIAL NOTE:

MIT has been gracious in accepting New England Swimming into their complex. Please note that BGSC will expect proper behavior from everyone. Please go out of your way to clean up your area and obey all MIT rules and regulations.

QUESTIONS:

Please direct all meet questions to Fran Tocci: f.tocci@verizon.net or Anne Hrabchak: ahrabc@yahoo.com

Aquatic Center Contacts:

Main Aquatic Office (617) 324-2200

Benjamin McElhiney, Assistant Aquatic Director (617) 324-0220